



Knight Pantry Food Items

- Ready-to-eat canned meats, fruits, and vegetables*
- Protein or fruit bars
- Individual dry cereals
- Granola
- Peanut butter
- Jelly
- Dried fruit
- Canned juices
- Non-perishable pasteurized milk
- Ramen noodles
- High-energy foods
- Granola Bars
- Microwaveable oatmeal/ dry oatmeal
- Individual fruit cups
- Applesauce cups
- Mac and cheese
- Chef Boyardee products
- Microwaveable meals
- Small variety boxes of cereal
- Vienna sausages
- Microwaveable grits/grits
- Sandwich crackers
- Ritz crackers
- Shampoo
- Male/Female body wash
- Toothpaste
- Lotions
- Feminine products (no tampons, please)
- Small hand sanitizers